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This information leaflet is to let you know about the *'Exploring the experiences of children who have provided CPR and the impact of CPR training'* study being conducted by a team from King's College, London, The University of Warwick and Oxford University.

For further information about how you can help us with this study, please contact:

[childcprstudy@kcl.ac.uk](mailto:childcprstudy@kcl.ac.uk)



# Exploring the Experience of Children Who Have Provided Cardiopulmonary Resuscitation (CPR) and the Impact of CPR Training

## **What is the study about?**

We don't know much about what it is like for young people who are involved in helping someone who has a cardiac arrest by doing CPR or getting and even using a heart-restarter machine (defibrillator). It is a very difficult thing to have to face and we want to understand more about what it is like at the time and afterwards. In addition, we want to know about what helps afterwards and whether more support is needed.

We also aim to find out whether CPR training could be improved.

To help us understand this better, we will interview young people to learn about their experiences.

What we learn will be useful for schools, health services and for CPR training and campaigning organisations in the work they do to make sure young people get the training and support they need.

## **How can you help?**

Are you a young person – 18-23 years of age – with experience of providing CPR in the last 5 years?

*or*

Are you a parent of a young person – 11-18 years of age – who was involved in trying to help someone having a cardiac arrest within the last 5 years?

If so, we would love to hear from you. We want to talk to young people – 11-23 years of age – about their experience of providing CPR. This will help us understand what CPR training and support is needed.

## **What should I do next?**

Please contact the study team to talk to them about the study. If you are younger than 16 years, please ask your parent to contact us first, as we will need their permission to talk to you. We can explain more about the study and answer any questions you have. If you, or your parent contacts us to find out more, you can still decide not to take part. If you do

agree to take part, you can change your mind and stop taking part at any time.

## **Who is conducting the research?**

Dr Claire Hawkes and Dr Michael Smith from King's College London are leading the study. King's College London are sponsoring the study.

The study is funded by the Department of Health: National Institute for Health Research; Research for Patient Benefit Programme (RfPB).

**If you would like further information about the study, please contact the study researcher.**

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